

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Tea and Infusion Selection

Made with semi-skimmed milk (Kcal 41)

Traditional English Breakfast

Golden tipped golden broken orange pekoe is the secret to this blend. A well rounded blend with a full flavour. (Not loose leaf).

All Day Decaf

This is a well-rounded cup of tea, bold, brisk and full of flavour. Perfect for any time of day or night.

Earl Grey

This sublime Earl Grey blends Chinese black loose leaf tea with the wonderfully citrusy flavour of bergamot.

Elderflower Darjeeling

Darjeeling is known as the Champagne of the tea world. It is simply the finest flavours with a burst of floral sweetness.

Assam

Mighty by name, mighty by nature. Smooth, rich and full bodied with an unmistakable malty punch.

Double Mint Infusion

Glorious peppermint, rounded with vibrant bursts of sweet spearmint.

Berry Infusion

A deliciously juicy and fruity blend, packed with wonderful countryside flavours.

Sencha Green Tea

This is a wonderfully mellow and slightly sweet green tea that makes for easy drinking.

AFTERNOON TEA MENU

BAILBROOK HOUSE
HOTEL

Traditional Afternoon Tea

*Served with your choice of tea or coffee
(Kcal 2944)*

Sea buckthorn and white chocolate macaroon
Passion fruit dome and mango crèmeux
Valrhona chocolate and coffee opera
Raspberry cream puff

Handmade warm plain and fruit scones
Tiptree jam clotted cream
and lemon curd

Coronation chicken and coriander
Scottish smoked salmon, chive cream cheese
Egg mayonnaise, watercress (v)
Cucumber and cream fraiche (v)
Ham hock and Wookey Hole cheese croquette

£29.50 per person

Somerset Cream Tea

*Served with your choice of tea or coffee
(Kcal 828)*

Freshly baked plain and fruit scone
Strawberry jam
Lemon curd
Devonshire clotted cream

£12 per person

Champagne Afternoon Tea

Why not indulge in a glass of Champagne with your
selected afternoon tea?

£12 per person
125ml glass

Children's Afternoon Tea

Sandwiches

Ham
Cheese
Cucumber
Strawberry jam

Fruit scone
Strawberry jam, clotted cream

Frosted cupcake
Chocolate brownie
Raspberry cream puff

£14 per child