



## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## AFTERNOON TEA MENU

## BRANDSHATCH PLACE

HOTEL & SPA

## Camellia's Tea House Tea Selection

### English Breakfast

A robust & malty black tea, which is a delicious combination of Assam and Ceylon teas (Kcal 0)

### Earl Grey

A combination of high quality Chinese black tea and oil of bergamot. Bold citrus flavours and a beautiful scent (Kcal 0)

### Afternoon Tea

A tea blend of long Darjeeling leaves and Ceylon, creates a lovely taste with malty undertones (Kcal 2)

#### Ceylon Decaffeinated Black Tea

A full-bodied Ceylon black tea with spicy undertones (Kcal 20)

### Lung Ching

This medium-bodied tea smoothly combines the classic green tea character with sweet toasty notes (Kcal 0)

### White Jasmine & Apricot

A refreshing combination of white and green tea with succulent apricots, bound with Jasmine undertones (Kcal 0)

### Rooibos Orange & Cactus Fig

A delicious rooibos blend, packed with papaya, liquorice and orange (Kcal 31)

### Whole Leaf Peppermint

Mildly sweet undertones and a crisp, menthol freshness (Kcal 81)

### Camomile Flowers

A soothing creamy and sweet infusion (Kcal 0)

### Very Berry

A tea with vivid fruitiness, a pleasing sweetness and tart hints of hibiscus (Kcal 0)

## Traditional Afternoon Tea

Ham & mustard mayonnaise

Cream cheese & cucumber

Smoked salmon & dill cream cheese

Egg mayonnaise, with black pepper and truffle

Coronation chicken

Sage & onion sausage roll, piccalilli

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Freshly baked fruit and plain scones served with strawberry jam & clotted cream

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Coconut macaroon with passionfruit cream

Raspberry ripple cheesecake

Mini sticky toffee pudding with a banana caramel filling and salted caramel buttercream

Bailey's white and dark chocolate tart

**£35 per person (Kcal 2682)**

## Champagne Afternoon Tea

For the height of decadence, add a chilled glass of Champagne (125ml)

**£44.5 per person**

## Children's Afternoon Tea

Strawberry jam sandwich

Wiltshire ham sandwich

cheese & cucumber sandwich

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A plain scone with clotted cream & strawberry jam

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Mini Victoria sponge with strawberry jam

Chocolate brownie with vanilla cream

Decorated homemade gingerbread man

**£11.5 per child (Kcal 1532)**

### **Savoury Afternoon Tea**

A cup of our soup of the day

Smoked salmon & dill cream cheese blini

Oxtail croquettes, horseradish aioli

Mini gourmet burger, mature cheddar, served in a  
brioche roll

Parma ham croque monsieur

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Ham & mature cheddar scone, spicy tomato relish

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Ham & mustard mayonnaise

Cream cheese & cucumber

Smoked salmon & dill cream cheese

Egg mayonnaise, with black pepper and truffle

Coronation chicken

**£35 per person (Kcal 1042)**

### **Cream Tea**

Freshly made fruit scones served with Tip Tree jam  
and Cornish clotted cream. Served with your choice of  
freshly brewed tea or coffee

**£10.5 per person**

### **Plant Based Afternoon Tea**

Vegan cream cheese & cucumber

Hummus, red pepper & rocket

Vegan feta cheese & olive salad

Vegan cheddar & tomato chutney

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Warm plain and fruit scones, with strawberry jam

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Blackcurrant & pistachio slice

Caramelised apple macaron

Chocolate & hazelnut dome

White chocolate & strawberry cube

**£35 per person (Kcal 2376)**

### **Non Containing Gluten Afternoon Tea**

(made with non-gluten containing items)

Ham & mustard mayonnaise

Cream cheese & cucumber

Smoked salmon & dill cream cheese

Egg mayonnaise, with black pepper and truffle

Coronation chicken

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Warm plain and fruit scones

Strawberry jam & clotted cream

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Blackcurrant & pistachio slice

Caramelised apple macaron

Chocolate & hazelnut dome

White chocolate & strawberry cube

**£29.5 per person (Kcal 2591)**