

Spa Treatments



ETTINGTON PARK
HOTEL
STRATFORD-UPON-AVON, WARWICKSHIRE



The tranquil surroundings of the **Redwood Treatment Room at Ettington Park Hotel** create an environment in which to completely revive the mind and body. Inside, contemporary design and a choice of luxurious treatments will leave you in a state of pure relaxation. Unwind with us.

Facilities at a glance:

Indoor swimming pool

Spa pool

Treatment room

Sauna

Steam Room





Spa Days

Each of our specially curated spa days has been put together with you in mind. If you're seeking to relax, refresh or revive, we have the perfect experience. If any of these sound like the ideal way to treat someone special, why not purchase one as a gift voucher?

Pure Indulgence Afternoon Tea Spa Day

Choose a luxurious 55 minute treatment from a selection of six, as well as enjoying full use of our country house hotel spa facilities and a traditional afternoon tea or our spa lunch/bento box. The perfect day out!

Choose from:

Luxury Facial

Full Body Massage

Face and Body Combo (express facial + back, neck and shoulder massage)

Classic Pedicure

Luxury Manicure

Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)

Completed by either afternoon tea or our spa lunch

Monday to Thursday from £114

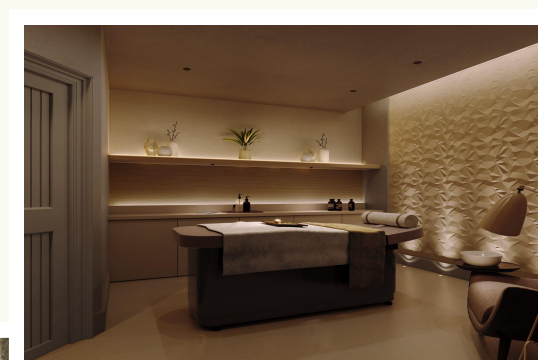
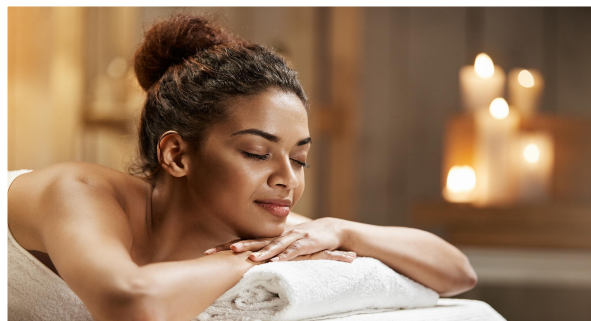
Friday & Sunday from £124

Saturday from £134

Available Monday - Sunday

Treatment Duration: 55 minutes**

**Treatment time includes spa consultation, & treatment





Massage Treatments

[COMFORT ZONE] Aromasoul Elements Massage

The massage begins with a personalised selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

55 minutes - £79

Traditional Full Body Massage

A traditional massage designed to ease tension, relieve stress and promote a general state of well being

55 minutes - £79

[COMFORT ZONE] Back Ritual

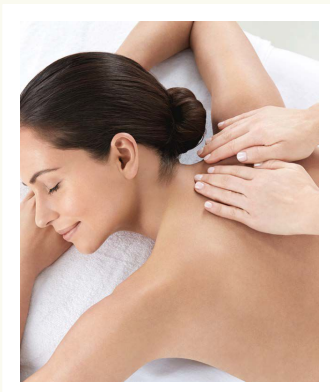
Hydrating and relaxing back massage treatment. Particularly good for those who need to regain muscle elasticity, for deep relaxation and for the de-contraction of tense back, neck and shoulder muscles

25 minutes - £50

Traditional Back, Neck & Shoulder Massage

A deeply therapeutic massage focusing on the aches and pains of the back and eliminating tension knots in the shoulders.

25 minutes - £50



Pregnancy Treatments



[COMFORT ZONE] New Life - New Mum

A gentle elasticizing, nurturing massage, perfect for during pregnancy as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone.

Suitable from 13 weeks onwards.

55 minutes - £79

[COMFORT ZONE] Pregnancy Facial

These thoroughly researched and formulated treatments have been designed to nurture and support a woman through her pregnancy journey. Suitable for all 'mothers to be' from 13 weeks of pregnancy.

55 minutes - £79

25 minutes - £50

Facial Treatments

Whether you are looking for glowing skin for a special occasion or you need a complete skin overhaul, below are a selection of the most pioneering facial techniques and relaxing treatments offering the most impressive results.

Touch Facials

[COMFORT ZONE] treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

[COMFORT ZONE] Sublime Skin Deluxe Lift Facial

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

70 minutes - £89

[COMFORT ZONE] Sublime Skin Active Lift Facial

Powerful lifting facial targeting sagging cheeks, jowls, chin and neck for a visible rejuvenating effect. The advanced mask with ingredients that mimic the action of Botox helps to oxygenate skin cells and gives an instant firming effect. The result is beautifully nourished, illuminated, firmer and lifted skin.

55 minutes - £79

Skin Specific/Prescriptive Facials

[COMFORT ZONE] Hydra Glow Facial

A dynamic fresh treatment made for anyone seeking visible immediate glow, hydration and vitality. Thanks to its unique combination of Lactic Acid for immediate renewal and glow, powerful concentration of Hyaluronic Acid for superficial and profound hydration, and the bioactive Prickly Pear extract from Regenerative Agriculture, we deliver instant hydration and radiance for a healthy dewy look.

55 minutes - £79

[COMFORT ZONE] Remedy Facial

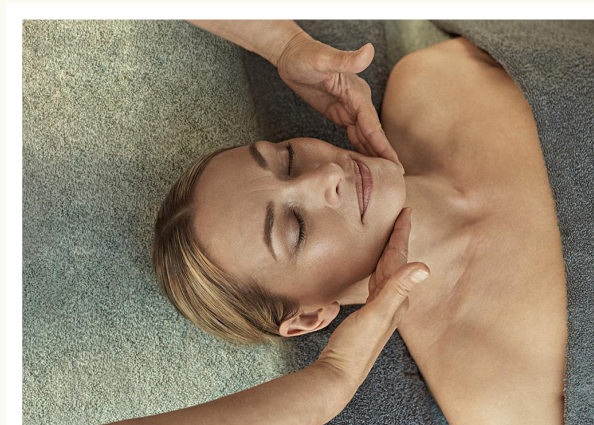
An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

55 minutes - £79

[COMFORT ZONE] Express Facial

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions. For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect.

25 minutes - £50



Combination Treatments

Full Body Massage & Luxury Facial Combo Treatment

This treatment includes a deeply relaxing and stress melting full body massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibility bright and smooth. Our luxury facial includes- cleanse, tone, facial massage, exfoliation and mask.

115 minutes - £126

Luxury Facial & Back, Neck, Shoulder Massage Combo Treatment

This treatment includes a deeply relaxing and stress melting neck, back and shoulder massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibility bright and smooth. Our luxury facial includes- cleanse, tone, facial massage, exfoliation and mask.

85 minutes - £110

Full Body Massage & Express Facial Combo Treatment

This treatment includes a relaxing full body massage which will be focused on the areas where you are suffering from aches, pains and tensions followed by an invigorating prescriptive facial to include a cleanse, tone, exfoliation and mask leaving your skin glowing and hydrated.

85 minutes - £110



Face & Body Combo Treatment

The perfect pick me up facial which includes a cleanse, tone, exfoliation and mask combined with a classic back, neck and shoulder massage. This massage includes traditional massage techniques to help relieve muscular tension in areas which are known to be the most common areas to retain the effects of stress.

55 minutes - £79

Body Scrub & Massage Combo Treatment

A mixture of essential oils will exfoliate and moisturise the whole body, leaving the skin feeling refreshed and toned. This is followed by a classic back, neck and shoulder massage which incorporates traditional massage techniques to help relieve muscular tension in areas which are known to be the most common to retain the effects of stress.

55 minutes - £79

Massage and Shape & Polish Combo Treatment

A classic back, neck and shoulder massage which incorporates traditional massage techniques to help relieve muscular tension as well as re-shaping of the nails and varnish. (fingers or toenails)

55 minutes - £79

Fingers and Toes Combo Treatment

For those who are short of time, a quick pick-me-up to leave your fingers and toes perfectly groomed. This includes re-shaping of both the finger and toenails, plus varnish for well-maintained nails. Please bring open toe shoes.

55 minutes - £59

Body Treatments

Rituals, Scrubs & Wraps

[COMFORT ZONE] Tranquillity™ Pro-Sleep Ritual

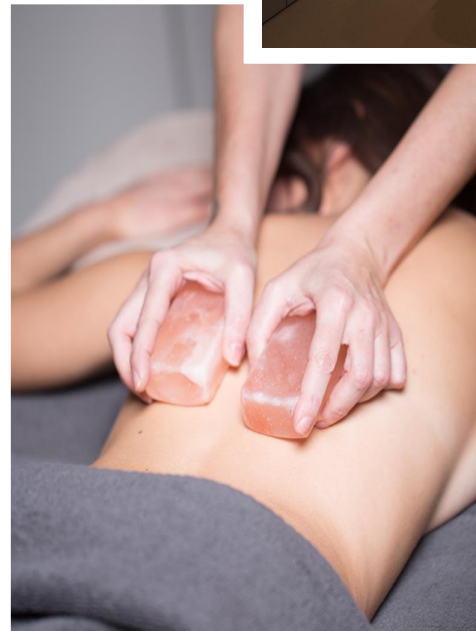
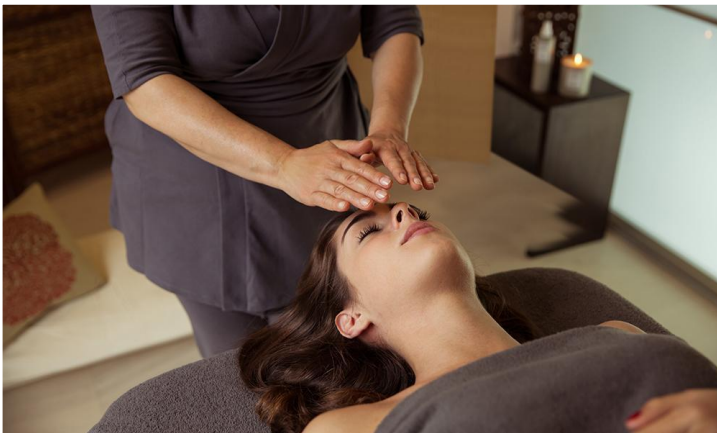
Inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest & wellbeing. Ideal as jet lag recovery.

55 minutes - £79

[COMFORT ZONE] Himalayan Salt Ritual

An extraordinary ritual, beginning with body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviating tension, stress and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

55 minutes - £79



Gift Vouchers

We offer a wide range of spa gift vouchers perfect for her, for him or for them. Visit the spa reception to create and purchase tailored and personalised vouchers for your loved ones, as well as beautiful gift sets.

You can also discover gift experiences online at handpickedhotels.co.uk/giftvouchers

Spa monetary gift vouchers from £25

Spa treatment gift vouchers from £80

Spa day gift vouchers from £105

Spa break gift vouchers from £203 per person

[Take a virtual tour](#)

[Watch our spa FAQ video](#)

[Watch our spa day video](#)

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— HEALTH CLUBS & SPAS —

