

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Loose Leaf Tea Selection

Hand Picked Hotels Signature English Breakfast

Designed exclusively for Hand Picked Hotels, this is a refined and robust English breakfast tea.

Earl Grey

A combination of high quality Chinese black tea and oil of bergamot creates a beautifully scented tea with bold citrus flavours.

Ceylon Decaffeinated Black Tea

A full-bodied Ceylon black tea with spicy undertones.

Lung Ching

This medium-bodied tea smoothly combines the classic green tea character, with sweet and slightly toasty notes.

Whole Leaf Peppermint

This premium whole leaf peppermint has mildly sweet undertones and a crisp, menthol freshness that can be enjoyed all day long.

Chamomile Flowers

These lovely flowers produce a golden cup with a creamy and sweet infusion.

Very Berry

An exciting, pure fruit tea consisting of a wide selection of juicy berries and dried papaya.

Lemon and Ginger

A refreshing combination of lemongrass, lemon peel and ginger.

Or try our Fresh Mint Tea...

Fresh mint leaves picked straight from our herb garden

Speak to your server to see what other Loose Leaf Tea options are available

AFTERNOON TEA MENU

NEW HALL

HOTEL & SPA
SUTTON COLDFIELD, BIRMINGHAM

Traditional Afternoon Tea 1502 kcal

Honey glazed home cooked ham, English mustard
mayonnaise

Black Bomber Mature Cheddar, red onion chutney (v)

John Ross smoked salmon, lemon and chive cream
cheese

Cackle berry farm egg, heritage tomato and basil
mayonnaise

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Tangy lemon tart, vanilla cream, meringue

Raspberry choux bun

White chocolate and passionfruit panna cotta

Black Forest Gateau

Homemade plain and fruit scones

Homemade strawberry jam, lemon curd and clotted
cream

£28 per person

Champagne Afternoon Tea

For the height of decadence, add a chilled glass of
Bruno Paillard Champagne (125ml) to your
Traditional Afternoon Tea order

£40 per person

Cream Tea 946 kcal

Handmade fruit and plain scones served with
homemade jam and clotted cream
Served with your choice of freshly brewed
tea or coffee

£10.50 per person

Hand PICKED
HOTELS

Children's Afternoon Tea 1453 kcal

Ham sandwich

Cheese sandwich

Egg sandwich

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Gingerbread biscuit

Chocolate brownie

Raspberry cream choux bun

Homemade plain scone

Homemade strawberry jam and clotted cream

£14 per person

Vegan Afternoon Tea 1143 kcal

Red pepper hummus, rocket and roasted pepper
sandwich

Cheese and apple sandwich

Cucumber and black pepper sandwich

Vegan feta and pickle sandwich

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A selection of Vegan friendly desserts

Warm plain and fruit scones, vegan whipped cream,
homemade strawberry jam

£28 per person

This is a sample menu only. Prices and dishes correct at time of publishing. A 12.5% service charge will be added to your bill.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Prices inclusive of VAT at current rate.

Adults need around 2000 kcal per day.