

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a "sinking" feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Tea Selection

Traditional English Breakfast

A golden, well-rounded cup of tea created to ease you gently into the day

Green Tea

An excellent digestive after a meal, this tea has a light refreshing flavour

Green Tea with Jasmine Blossom

Created from an ancient Chinese recipe - a combination of green tea leaves and jasmine flowers

Assam Tea

With a strong, malty liquor, this is a powerful black tea with a full-body and a brisk, invigorating flavour

Afternoon Darjeeling

A light, golden tea with a subtle, delicate flavour likened to muscatel grapes

China Rose

A pale, delicate black China tea, which is layered with rose petals during the drying process so the tea leaves are delicately scented

China Yunnan

Light, clear and golden in the cup. This black tea has a nutty, sweet aroma and taste

Earl Grey

A delicious, very aromatic tea, best served black or with a slice of lemon at any time of the day

Tea and Coffee £4.95 each

**Made with semi-skimmed milk.
Soy and oat milk available.*

- Espresso double (kcal 0)
- Cafetière coffee* (kcal 36)
- Americano (kcal 0)
- Cappuccino* (kcal 65)
- Café latte* (kcal 97)
- Café mocha* (kcal 93)
- Hot chocolate* (kcal 307)
- Loose leaf tea* (kcal 20)

AFTERNOON TEA MENU

RHINEFIELD HOUSE

HOTEL
THE NEW FOREST, HAMPSHIRE

Traditional Afternoon Tea

New Forest pork and wild mushroom pithivier

Hot smoked salmon terrine

Rosary ash goat's cheese tartlet

.....

Coronation chicken

Dorset coastal cheddar, red onion chutney

Smoked salmon, cream cheese and cucumber

Handmade warm plain and fruit scones

Strawberry jam and Cornish clotted cream

.....

White chocolate and raspberry delice

Choquette au craquelin and lemongrass, honey and stem

ginger crèmeux

Strawberry macaron

£39.50 per person

(kcal 2,849)

Champagne Afternoon Tea

For the height of decadence, add a chilled glass of

Bruno Paillard Champagne (125ml) to your

Traditional Afternoon Tea order

Brut £51.50 per person

Rosé £54.50 per person

Children's Afternoon Tea

A selection of children's sandwiches

Plain scone with clotted cream and jam

Rocky road and cupcake

£12 per person

This is a sample menu only. Prices and dishes correct at time of publishing. A discretionary service charge of 12.5% will be added to your bill.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Prices inclusive of VAT at current rate.

Adults need around 2000 kcal per day.

Hand PICKED
HOTELS

Vegetarian Afternoon Tea

Vegan options available

Rosary ash goat's cheese tartlet

Heritage beetroot, crispy tofu and chicory salad

Cauliflower croquette, Marmite jus

.....

Herb roasted vegetables, garlic mayonnaise

Heritage tomato and basil

Avocado, watercress and lemon

Fruit and plain scones, clotted cream and strawberry jam

.....

Coconut panna cotta, passion fruit jelly

Dark chocolate cookie sandwich

Lemon drizzle cake

£39.50 per person

(kcal 2,760)

Non-Gluten Containing Afternoon Tea

Made with non-gluten containing items

New Forest pork and wild mushroom ragu

Hot smoked salmon terrine

Rosary ash goat's cheese tartlet

.....

Coronation chicken

Dorset coastal cheddar, red onion chutney

Smoked salmon, cream cheese and cucumber

Fruit scones, clotted cream and strawberry jam

.....

Strawberry macaron

Coconut panna cotta, passion fruit jelly

Dark chocolate cookie sandwich

£39.50 per person

(kcal 2,487)

Cream Tea

Freshly made fruit scones served with strawberry jam and clotted cream. Served with your choice of freshly brewed tea or coffee. V & VG options available. (kcal 639)

£12 per person