

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a "sinking" feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Tea Selection

Made with semi skimmed milk (Kcal 41)

English breakfast - It's a tea with a lot of flavour and a light finish. Perfect for when you fancy a really well rounded cup of tea.

The Mighty Assam - Smooth, rich and full bodied with an unmistakable malty punch. This tippy golden broken orange pekoe is Assam as it should be.

Earl Grey - A delicate loose leaf tea with the fragrant flavour of citrus bergamot.

Elderflower & Blossom Darjeeling - Light, sweet Darjeeling with a fragrant burst of elderflower. Brew to your taste.

Jasmine Bloom Green Tea - A delicate Chinese green tea scented with pretty white jasmine flowers, creating a tea that is pure elegance with smooth, floral notes.

Simply Sencha - This is a wonderfully mellow and slightly sweet green tea that makes for such easy drinking with a gentle, sweet flavour.

Camomile - This is a golden infusion which is slightly sweet and floral. Made with all-natural ingredients, nothing more, nothing less.

All Day Decaf - This is a fantastically well-rounded cup of tea, bold, brisk and full of flavour, perfect for any time of day or night.

Superfruity - A deliciously juicy and fruity blend, packed with wonderful countryside flavours.

Coffee Selection

Espresso double (Kcal 16.2)

Americano (Kcal 4.5)

Cappuccino (Kcal 60)

Café latte (Kcal 94)

Café mocha (Kcal 179.5)

Hot chocolate (Kcal 151)

AFTERNOON TEA MENU

STANBROOK ABBEY
HOTEL

Traditional Afternoon Tea

Sandwiches

Severn Wye Valley smoked salmon, chive crème fraiche

Gammon ham, English mustard, rocket

Lemon hummus, pimento, cucumber

Local egg mayo with Evesham watercress

Warm

Asparagus and chive cream cheese tart

.....

Handmade warm lavender and citrus scones

Homemade jam and Devonshire clotted cream

.....

Opera tart, crispy raspberries

Raspberry cheesecake, fresh mint

Carrot cake with caramelised white chocolate frosting

Lemon meringue pie

£30 per person

(Kcal 1,900)

Champagne Afternoon Tea

For the height of decadence, add a chilled glass of

Bruno Paillard Champagne (125ml) to your

Traditional Afternoon Tea order

£39.50 per person

Children's Afternoon Tea

Your choice of soft drink or babycino

Savoury ham sandwich

Free-range egg mayonnaise and cress sandwich

Cheddar and cucumber sandwich

.....

Homemade scone, clotted cream and preserve

.....

Sweet chocolate brownie

Eton mess

Sugar doughnuts

Lemon drizzle cake pop

£15 per child

Cream Tea

Your choice of leaf tea, coffee or hot chocolate. Fruit or plain scones, served with jam and clotted cream

£10 per person

(Kcal 988)