

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

ELEMIS facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Facials

ELEMIS Pro-Glow Smooth Facial 55 minutes £83

### Skin Specific/Prescriptive Facials

(Tailored by your therapist)

ELEMIS Pro-Glow Brilliance Facial 55 minutes £83

ELEMIS Pro-Glow Resurface Facial 55 minutes £83

ELEMIS Pro-Glow Renewal Facial 55 minutes £83

ELEMIS Pro-Glow Express Facial 25 minutes £51

### Technology Facials

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

### Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+ 55 minutes £83

### Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+ 55 minutes £83

ELEMIS Biotec Pro Glow Resurface Facial+ 55 minutes £83

## Massage

ELEMIS Freestyle Deep Tissue Massage 55 minutes £83

Traditional Full Body Massage 55 minutes £83

ELEMIS Freestyle Deep Tissue Massage 25 minutes £51

Traditional Back Neck & Shoulder Massage 25 minutes £51

## Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £93

ELEMIS Deeper than Deep Hot Stone Massage 25 minutes £61

## Combination Treatments

Full Body Massage & Luxury Facial Combo 115 minutes £151

Luxury Facial & Back Neck, Shoulder Massage Combo 85 minutes £125

Full Body Massage & Express Facial Combo 85 minutes £125

Face & Body Combo Treatment 55 minutes £83

Body Scrub & Massage Combo Treatment 55 minutes £83

Fingers and Toes Combo Treatment 55 minutes £62

## Body: Scrubs & Wraps

ELEMIS Frangipani Body Nectar Nourishing Wrap 55 minutes £83

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 minutes £51

ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 minutes £51

## Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £83

ELEMIS Pregnancy Facial 55 minutes £83

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## Speciality Treatments

Indian Head Massage 25 minutes £51

## Hands & Feet

Luxury Pedicure 70 minutes £54

Classic Pedicure 55 minutes £49

Luxury Manicure 55 minutes £49

Classic Manicure 40 minutes £44

Shape and Polish for Toes 25 minutes £32

Shape and Polish for Fingers 25 minutes £32

*Please bring open toe shoes to wear after your pedicure*

## Geleration Nails

GEL Removal and Pedicure 70 minutes £69

GEL Removal and Manicure 55 minutes £59

GEL Pedicure 55 minutes £59

GEL Manicure 40 minutes £49

GEL Removal 30 minutes £20

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

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HOTELS